

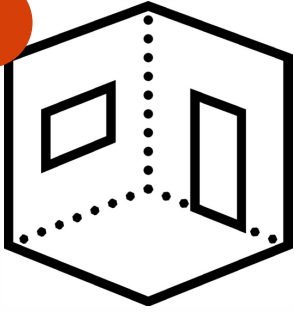


Wildfire Smoke: Steps to Create a Clean Room

Monitor your local air quality index using airnow.gov.

Prepare a clean indoor air space to use when air quality is unhealthy. A clean room will help reduce your exposure to harmful smoke particles.

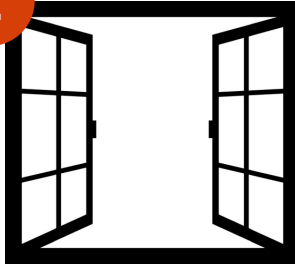
1



Choose a Room.

It should be a safe space big enough to fit everyone comfortably.

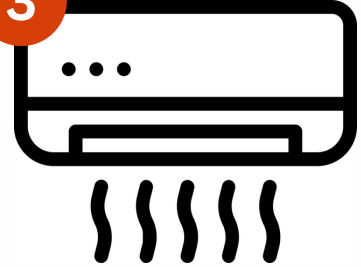
2



Prevent Smoke.

Close windows and doors. If air vents are bringing air in from outside, close them.

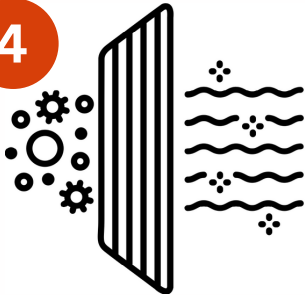
3



Stay Cool.

Run fans and the window or central air conditioner (AC). Make sure AC is not pulling air in from outside.

4



Filter the Air.

Use a portable air cleaner with a HEPA filter that is the correct size for room and does not produce ozone.

5



Avoid Polluting.

Avoid other activities that affect indoor air quality like smoking, using gas, propane, or wood stoves, spraying aerosols, burning candles, or frying food.

6



Spend Time.

To gain the benefits, stay in the clean room as much as possible. When the air quality improves air out the space!



For more information visit:
[Create a Clean Room \(EPA\)](https://www.epa.gov/cleanroom)



Oregon State
University